

Janata Shikshan Sanstha's  
Kisan Veer Mahavidyalaya , Wai.  
Department of Psychology  
2022-23

## Certificate Course in Emotion Management

### COURSE DESCRIPTION

The department of under graduate studies in Psychology offers one month part time certificate course in Emotion Management .

### MISSION

The Department of U. G. studies in Psychology at Kisan Veer Mahavidyalaya , Wai is committed to the primary training and development of competent under graduate students .

### PHILOSOPHY OF TRAINING

The program in Emotion Management Psychology provides primary training to those who wish to promote mental health in individuals, families , organizations and communities through careers in direct service , leadership , research and education .

### OBJECTIVES

The fundamental objective of the department is help the students to enhance awareness , knowledge and skills in the discipline of Emotion Management.


### ADMISSION CRITERIA AND ELIGIBILITY

- 1 . Duration : One month .
- 2 . Eligibility : Under graduate students of College .

### Syllabus Formation Committee

- 1 . Dr. Animish Chavan . ( M.D.Psychiatry, Satara .)
- 2 . Dr. Anand Ghorpade. (Head , Dept. of Psychology, K.V.M. Wai)
- 3 . Asst. Prof. Shalaka Gujar. (Faculty , Dept. of Psychology, K.V.M. Wai.



  
Head  
of Psychology  
Kisan Veer Mahavidyalaya  
Wai

Janata Shikshan Sanstha's  
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Department of Psychology

2022-23

Certificate Course in Emotion Management

Syllabus

**Paper – 1** Introduction to Emotion .

**MODULE – 1**

1.Introduction to Emotion : Definition, Nature And Importance

**MODULE – 2**

Fundamental Emotion

**Paper – 2** Emotion Theories and Application.

**MODULE – 1**

Theories of Emotion.

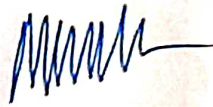
**MODULE – 2**

Emotion Intelligence.

**MODULE – 3**

Application



  
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## **FEE STRUCTURE**

1 . As mentioned in the college prospects.

## **Medium of Instructions**

Medium of instruction shall be Marathi.

## **Examination**

Objective type.


## **Paper Titles**

Paper-1 . Introduction to Emotion .

Paper-2 . Emotion Theories and Application.

Each paper have objective type question paper having 25 questions of 2 marks at the end of syllabus.



  
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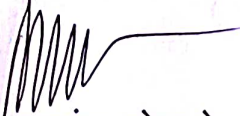
कार्यालय

किसन वीर महाविद्यालय ,वाई

दिनांक -१३/०४/२०२३

## नोटीस

महाविद्यालयातील मानसशास्त्र विषयाच्या बी ए भाग ३ च्या विद्यार्थ्यांना कळविण्यात येते की विभागाच्या वतीने ' **certificate course in Emotion Management** ' हा कोर्स दिनांक १७ /०४ /२०२३ पासून मानसशास्त्र विभागात घेण्यात येत आहे त्याचे वेळापत्रक सोबत जोडले आहे. तरी सर्वांनी वेळेत उपस्थित राहावे.

  
डॉ. आनंद घोरपडे

विभाग प्रमुख मानसशास्त्र



  
प्राचार्य

कार्यालय

किसन वीर महाविद्यालय ,वाई

दिनांक -१३/०४/२०२३

## नोटीस

महाविद्यालयातील मानसशास्त्र विषयाच्या बी ए भाग ३ च्या विद्यार्थ्यांना कळविण्यात येते की विभागाच्या वतीने ' **certificate course in Emotion Management** ' हा कोर्स दिनांक १७ /०४ /२०२३ पासून मानसशास्त्र विभागात घेण्यात येत आहे त्याचे वेळापत्रक सोबत जोडले आहे. तरी सर्वांनी वेळेत उपस्थित राहावे.

  
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विभाग प्रमुख मानसशास्त्र



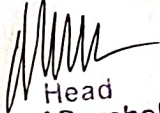
  
प्राचार्य

Janata Shikshan Sanstha's  
**Kisan Veer Mahavidyalaya, Wai**  
Department of Psychology

certificate course in Emotion Management

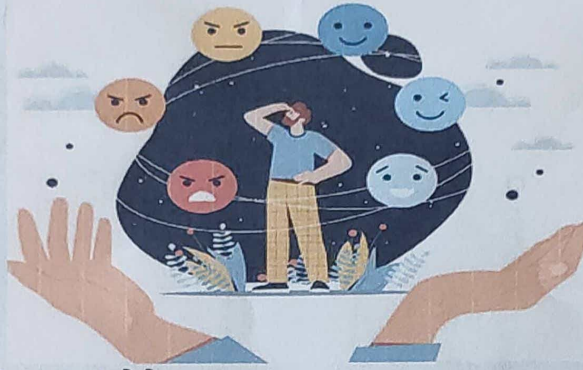
Time Table-2022-23

Time	Mon	Tues	Wed	Thurs.	Fri	Sat
12.00 To 01.00	Paper No 01 Miss.S.H. Gujar	Paper No 01 Miss.S.H. Gujar	Paper No 01 Miss.S.H. Gujar	Paper No 02 Miss.S.H. Gujar	Paper No 02 Miss.S.H. Gujar	Paper No 02 Miss.S.H. Gujar

  
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Head of Psychology  
Kisan Veer Mahavidyalaya  
Wai



अशीच एक भावना  
माझिया मनात मावेना,  
पण तुझ्यापर्यंत आणण्यासाठी  
शब्दातही घावेना.



'भाव' नसलेल्या  
भावनांना  
जेव्हा करतो मी सलाम  
'जीव' नसलेल्या जीवनाचा  
तेव्हा होतो मी गुलाम

जनता शिक्षण संस्थेचे  
किसन वीर महाविद्यालय, वाई .  
मानसशास्त्र विभाग आयोजित

**Certificate Course in Emotion Management**

कालावधी - १ महिना  
वेळ - १२ ते १.००

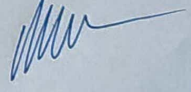
स्थळ - किसन वीर महाविद्यालय, वाई .  
दिनांक - १७/४/२०२३ ते २५/५/२०२३

समन्वयक - सहा.प्रा.शलाका गुजर

विभाग प्रमुख  
डॉ. आनंद घोरपडे

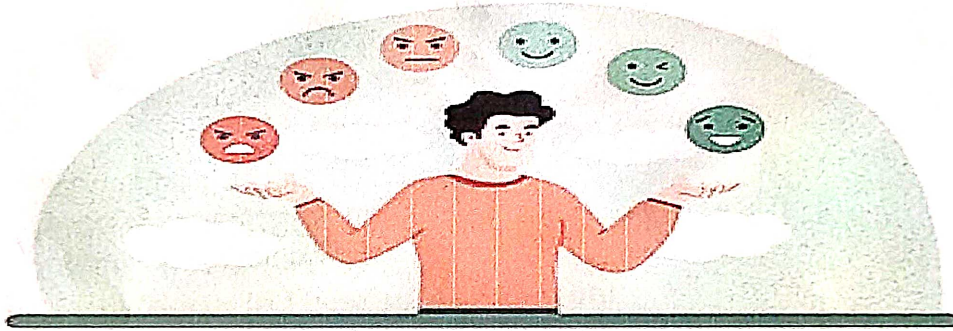
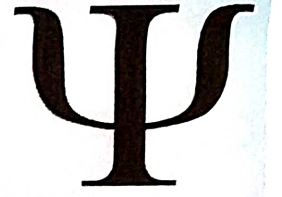


प्राचार्य, किसन वीर महाविद्यालय, वाई .  
डॉ. गुरुनाथ फगरे

  
Head  
Head of Psychology  
Kisan Vira Mahavidyalaya



**Janata Shikshan Sanstha's  
Kisan Veer Mahavidyalaya , Wai  
Department of Psychology**



**Certificate Course in Emotion Management**

Duration - 1 Month

Time - 12.00 TO 1.00


Venue - K.V.M.Wai.

Date - 17 /4/ 2023 To 25/5/2023

**Coordinator - Asst.Prof Shalaka Gujar**

**Dr. Anand Ghorpade  
H.O.D. psychology**



  
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**Dr.Gurunath Fagare  
Princlpal, k.V.M.Wai .**



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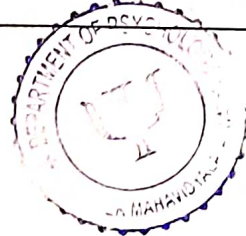
Department of Psychology


2022-23

Certificate Course in Emotion Management

**List of enrolled students**

Sr.No	Name of Students
1.	Jangam Shraddha Sachin
2.	Sapkal Namrata Vishnu
3.	Badekar Shreya Shatrughna
4.	Sapkal Akanksha Anil
5.	Suryawanshi Aditi Dhiresh
6.	Kamble Akash Mukund
7.	Bhise Ajay Dipak
8.	Gaikwad Gauri Arjun
9.	Kuchekar Rohini Vijay
10.	Bhingare Ketaki Ashok



  
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Department of Psychology

2022-23

Certificate Course in Emotion Management

Name of Faculty

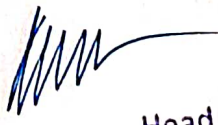
Asst. Prof. Shalaka Gujar.

Time -Table

17/04/2023 To 25/05/2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12.00 To 01.00	Paper No 01	Paper No 01	Paper No 01	Paper No 02	Paper No 02	Paper No 02



  
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कार्यालय  
किसन वीर महाविद्यालय, वाई .  
दिनांक - 23 / 05 / 23

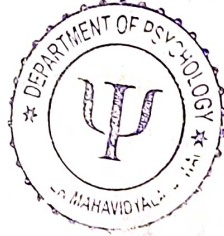
नोटीस

महाविद्यालयातील मानसशास्त्र विषयाच्या बी. ए. भाग 3 च्या विद्यार्थ्यांना कळविण्यात येते की 'Certificate Course in Emotion Management' ह्या कोर्सची परीक्षा online पद्धतीने दि. 25/05/2023 ते 27/05/2023 या कालावधीत घेण्यात येत आहे .त्याचे वेळापत्रक सोबत जोडले आहे.

Sr.No	Paper No.	Date	Time
1.	Paper-1 . Introduction to Emotion.	25/5/2023	8.00 am To 9.00am
2.	Paper-2 . Emotion Theories and Application.	26/5/2023	8.00 am To 9.00am
3.	Viva Voce	27/5/2023	8.00 am To 9.00 am

  
डॉ. अनंद घोरपडे

विभाग प्रमुख मानसशास्त्र



  
X प्राचार्य

Janata Shikshan Sanstha's  
Kisan Veer Mahavidyalaya, Wai.  
Department of Psychology  
2022-23


Certificate Course in Emotion Management  
Examinations Time Table

**Instruction-**

1. The Examination is objective Type.
2. All Questions Are Compulsory.
3. All Modules of Course include in two papers
4. The result of Course is Depend Up on The Attendance of Workshop enrolment in the workshop.
5. The gradation given by trainer depend upon skill adopted by students

Sr. No	Paper No.	Date	Time
1.	Paper-1 . Introduction to Emotion.	25/5/2023	12.00 To 1.00
2.	Paper-2 . Emotion Theories and Application.	26/5/2023	12.00 To 1.00
3.	Viva Voce	27/5/2023	12.00 To 1.00



  
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Department of Psychology

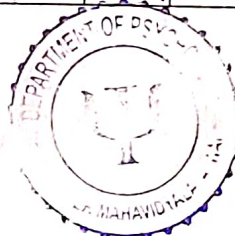
2022-23

Certificate Course in Emotion Management

Date- 17/4/2023 to 25/5/2023

April -2023

Sr.No	Name of Students	17	18	19	20	21	24	25	26	27	28	29
1.	Jangam Shraddha Sachin	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam
2.	Sapkal Namrata Vishnu	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
3.	Badekar Shreya Shatrughna	Badekar	Badekar	Badekar	AB	Badekar	Badekar	AB	Badekar	Badekar	Badekar	Badekar
4.	Sapkal Akanksha Anil	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
5.	Suryawanshi Aditi Dhiresh	Aditi	Aditi	AB	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi	AB	Aditi
6.	Kamble Akash Mukund	Akash	AB	Akash	Akash	Akash	Akash	Akash	Akash	Akash	Akash	Akash
7.	Bhise Ajay Dipak	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise
8.	Gaikwad Gauri Arjun	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	AB	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad
9.	Kuchekar Rohini Vijay	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	AB	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar
10.	Bhingare Ketaki Ashok	Bhingare	Bhingare	Bhingare	AB	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare

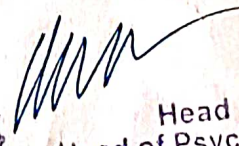


Head  
Head of Psychology  
Kisan Veer Mahavidyalaya

May 2023

Sr.no	Name of Students	2	3	4	6	8	9	10	11	12	13	15
1.	Jangam Shraddha Sachin	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam
2.	Sapkal Namrata Vishnu	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
3.	Badekar Shreya Shatrughna	Badekar	AB	Badekar	Badekar	Badekar	Badekar	Badekar	AB	Badekar	Badekar	Badekar
4.	Sapkal Akanksha Anil	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
5.	Suryawanshi Aditi Dhires	Aditi	Aditi	Aditi	AB	Aditi	Aditi	AB	Aditi	Aditi	Aditi	Aditi
6.	Kamble Akash Mukund	Akash	Akash	Akash	AB	Akash	Akash	AB	Akash	Akash	Akash	Akash
7.	Bhise Ajay Dipak	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise
8.	Gaikwad Gauri Arjun	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	AB
9.	Kuchekar Rohini Vijay	Kuchekar	Kuchekar	AB	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar
10.	Bhingare Ketaki Ashok	Bhingare	Bhingare	Bhingare	AB	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare




  
 Head  
 Head of Psychology  
 Kisan Veer  
 Mahavidyalaya  
 Wai

May 2023

Sr.No	Name of Students	16	17	18	19	20	22	23	24	25	26	27
1.	Jangam Shraddha Sachin	Jangam	AB	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam	Jangam
2.	Sapkal Namrata Vishnu	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
3.	Badekar Shreya Shatrughna	Badekar	Badekar	Badekar	Badekar	Badekar	Badekar	AB	Badekar	Badekar	Badekar	Badekar
4.	Sapkal Akanksha Anil	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal	Sapkal
5.	Suryawanshi Aditi Dhires	Aditi	AB	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi	Aditi
6.	Kamble Akash Mukund	Akash	Akash	Akash	AB	AB	Akash	Akash	Akash	Akash	Akash	Akash
	Bhise Ajay Dipak	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise	Bhise
8.	Gaikwad Gauri Arjun	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad
9.	Kuchekar Rohini Vijay	Kuchekar	Kuchekar	Kuchekar	AB	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar	Kuchekar
10.	Bhingare Ketaki Ashok	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	Bhingare	AB	Bhingare	Bhingare	Bhingare	Bhingare



  
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Kisan Veer Mahavidyalaya , Wai.

Department of Psychology


2022-23

Certificate Course in Emotion Management

Result

Sr.no	Name of Students	Paper No 1	Paper No 2	Grade
1.	Jangam Shraddha Sachin	34	28	A
2.	Sapkal Namrata Vishnu	32	24	A
3.	Badekar Shreya Shatrughna	12	30	B
4.	Sapkal Akanksha Anil	38	32	B
5.	Suryawanshi Aditi Dhiresh	08	14	B
6.	Kamble Akash Mukund	32	30	B
7.	Bhise Ajay Dipak	32	30	A
8.	Gaikwad Gauri Arjun	38	36	A
9.	Kuchekar Rohini Vijay	38	36	A
10.	Bhingare Ketaki Ashok	38	36	A



  
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Janata Shikshan Sanstha's

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Department of Psychology

2022-23

Certificate Course in Emotion Management

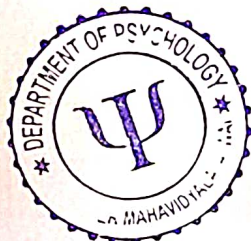
## Report


Certificate course in Emotion Management promoting the philosophy of learning the emotion management skills for B.A. part 3 Psychology students. The course was conducted during 17 April 2023 to 25 May 2023. The objective of course was to make students to learn about emotion management skills.


The course started with basic learning of the psychological development process of emotions and difference between various emotions. Then the other important factors like types of emotion, theories and application of emotion management.

This certificate course is designed to create awareness among students regarding emotion management and self-control. Also this skill may take time and effort to develop, but they can help students become an effective professional and supportive teammate.

After the successfully completed this course student control the emotion efficiently in the class room.



  
Head  
Head of Psychology  
Kisan Veer Mahavidyalaya  
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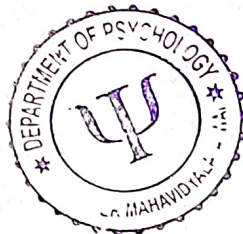
  
17-5-2023  
PRINCIPAL  
KISAN VEER MAHAVIDYALAYA  
Wai, Dist. Satara


Certificate Course in Emotion Management  
Learners Outcomes

By the end of the program, the learners will be able to

1. Skills to control the emotion and handle the situation in right manner.
2. Resolving Conflict with colleagues or clients.
3. Also to understand life skills for self-development.
4. Completing tasks within time.
5. As they can control the emotion efficiently, they can be satisfied in their life.

At the end of successful completion of certificate course, there shall be written examination, the result shows a success of students to achievement of knowledge.



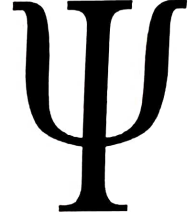
  
Head  
Head of Psychology  
Jisan Veer Mahavidyalaya  
Wai

JANATA SHIKSHAN SANSTHA'S  
**KISAN VEER MAHAVIDYALAYA, WAI**

Academic Year 2022-23  
Certificate Course in Emotion Management

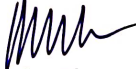


**CERTIFICATE**



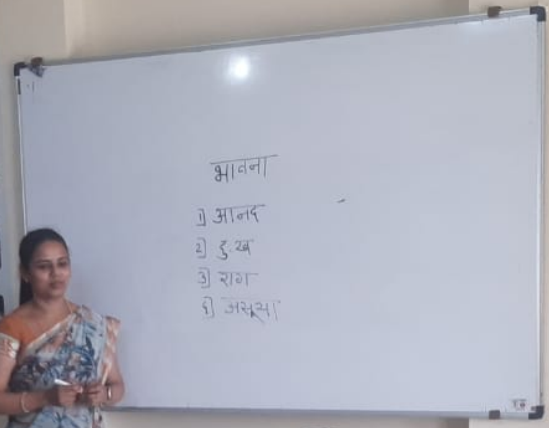
This is to certify that Mr./Miss .....Class.....  
has successfully completed '**Certificate Course in Emotion Management**'  
conducted by the Department of Psychology from 17 April 2023 to 25 May 2023.  
He/She has acquired ..... grade.

Date - 29 May 2023

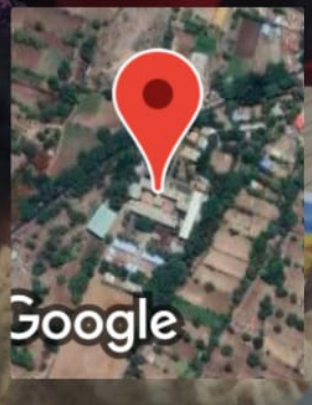
  
Dr. A. G. Ghorpade  
H. O. D. Psychology



Dr. Gurunath Fagare  
Principal



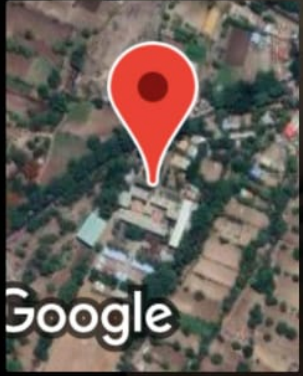
GPS Map Camera



Sidhanathwadi Rural, Maharashtra, India  
WVWG+5C5, Sidhanathwadi Rural, Maharashtra 412803, India  
Lat 17.945198°  
Long 73.876317°  
09/05/23 11:48 AM GMT +05:30




 GPS Map Camera

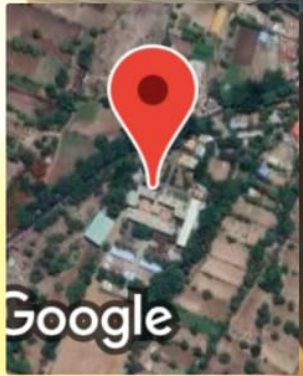


**Sidhanathwadi Rural, Maharashtra, India**  
WVWG+5C5, Sidhanathwadi Rural, Maharashtra 412803, India  
Lat 17.945386°  
Long 73.876383°  
09/05/23 11:50 AM GMT +05:30



 GPS Map Camera

**Sidhanathwadi Rural, Maharashtra, India**  
WVWG+5C5, Sidhanathwadi Rural, Maharashtra 412803, India  
Lat 17.945336°  
Long 73.876278°  
09/05/23 11:57 AM GMT +05:30





 GPS Map Camera

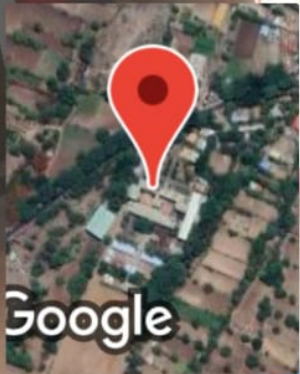
Sidhanathwadi Rural, Maharashtra, India

WVWG+5C5, Sidhanathwadi Rural, Maharashtra 412803, India

Lat 17.945261°

Long 73.876269°

09/05/23 11:56 AM GMT +05:30









**BEST PRACTICES**  
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Awareness of Mental Health

जजता शिजण संखी  
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मानसशास्त्र विभाग  
ची  
निरिप

31/05/2023

 **GPS Map Camera**

**Wai, Maharashtra, India**

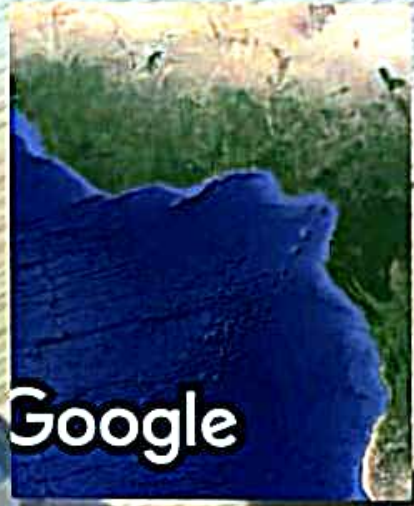
Chowdi Chowk, Raviwar Peth, Wai,  
Maharashtra 412803, India

Lat 17.954815°

Long 73.89409°

31/05/23 11:20 AM

48



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